

2017-2018



February

# Williamsburg Middle/High School Lunch Menu

	<b>MONDAY</b> <i>Vegetable of the Day:</i> Corn	<b>TUESDAY</b> <i>Vegetable of the Day:</i> Peas	<b>WEDNESDAY</b> <i>Vegetable of the Day:</i> Broccoli	<b>THURSDAY</b> <i>Vegetable of the Day:</i> Cook's Choice of Other	<b>FRIDAY</b> <i>Vegetable of the Day:</i> Green Beans
<b>Days off are in Red</b>	<b>Fruit &amp; Vegetable Bar Offered Daily</b>				
	2/26 Chicken Enchilada Bar w/Brown Rice, Refried Beans, & Toppings Bar	2/27 "Brunch for Lunch" Egg, Cheese, & Sausage Biscuit	2/28 Cheezy Bread w/Marinara Sauce Bread Stick	2/1 Chicken Nuggets Dinner Roll Baked Beans	2/2 Toasted Cheese w/Tomato Soup
	2/5 Beef Taco in a Bag w/Brown Rice & Cheese, Salsa, & Black Beans	2/6 Tangerine Chicken w/Brown Rice	2/7 "Italian Bar" Pasta & Meat Sauce w/Bread Stick	2/8 Chicken Tenders Dinner Roll Baked Beans	2/9 Cincinnati Chili w/ Spaghetti- 3 way
	2/12 Chicken & Cheese Quesadilla w/Brown Rice, Salsa, & Black Beans	2/13 Brunch for Lunch Biscuit & Sausage w/ Sausage Gravy Warm Blueberries	2/14 Cheese or Pepperoni Calzone w/Marinara Sauce	2/15 Popcorn Chicken /Dinner Roll Baked Beans	2/16 No School
2/19 Presidents' Day	2/20 Corn Dog w/Dipping Sauce & Black Beans	2/21 "Italian Bar" Pasta & Meat Sauce w/Garlic Bread	2/22 Chicken Wings Dinner Roll Baked Beans	2/22 Cheese Coney, Phony Coney w/Cincinnati Chili	

This menu is subject to change, without notice, due to price or availability of products

**School Lunch Prices:**

**Regular Meals: \$3.00 Extra Entrée: \$2.50**  
 Includes fruit, vegetable, & milk w/Menu Entrée:  
 Hamburger/ Cheeseburger, PB&J Uncrustable,  
**Reduced Meal: \$0.40**

**Milk \$0.50 Selections include**  
 Fat- free or 1% white, & fat- free chocolate

**Super Meals: \$3.50 Extra Entrée: \$3.00**  
**Daily:** Crispy/Spicy Chicken Sandwich, Bosco  
 Sticks, Burgers **Tues & Thurs:** Specialty Pizza

Nachos & Cheese  
**Adult Meals and Extra Entrees:** Additional \$.75  
 more than student meals  
 Most grains are whole grain.  
 For a complete meal, students must select ½ cup fruit/  
 vegetable.  
**The Fruit & Vegetable Bar includes fresh  
 or canned fruit, romaine salad, and hot or  
 fresh vegetables, in addition to the vegeta-  
 ble of day. Weekly vegetable sub-groups**

**include dark green, red/orange, bean,  
 starchy, & "other".**  
 Italian /bar: Spaghetti, Lasagna /Rollups, or  
 Ravioli  
**Menus with an asterisk\* are from the sug-  
 gestion box and have been submitted by  
 students..**  
**Bars are served from the heated station.**  
 Please make separate lunch checks payable to  
 Milford Nutrition Services. To check meal ac-

count balances, view a detailed list of payments  
 received and items purchased, or to make a pay-  
 ment to your child's meal account - log into  
[https://www.spsezpay.com/Milford/ezpay/  
 Login.aspx](https://www.spsezpay.com/Milford/ezpay/Login.aspx)

USDA is an equal opportunity provider.

# Williamsburg Middle/High School Breakfast Menu

**Breakfast Meal: \$1.50 Reduced Price Meal \$0.30**

**Choice of 1 double entrée or a combination of 1 single entrée with cheese stick  
Breakfast includes 2 side items and fat-free or 1% unflavored milk.**

*Eat a school  
breakfast  
& start the day ready  
to learn!*

## **Single Breakfast Entrees**

Offered with cheese stick

- Assorted Cereal
- Assorted Bars
- Cocoa Rice Krispie Bars

## **Double Breakfast Entrees:**

May Select one of the following:

- Blueberry Waffles
- Chocolate Chip French toast
- Mini Cinnis

## **Double Breakfast Entrees:**

May Select one of the following:

- Assorted Breakfast Sandwiches
  - Assorted Breakfast Pizza
    - Bagel with PB
- Bagel filled with Strawberry Cream Cheese
- Pancake & Sausage on a Stick
  - PB&J Graham

**A la Carte Entrees: \$1.00**

## **Side Items**

Student must select  
1/2 cup fruit/juice:

1/2 cup fruit juice  
1/2 cup fruit  
1/4 cup dried fruit

**Extra Side Items::  
\$0.50**

Please make separate lunch checks payable to Milford Nutrition Services. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into

<https://www.spseipay.com/Milford/ezpay/Login.aspx>

or check with the kitchen manager. For more details regarding Nutrition Services, visit [www.milfordschools.org](http://www.milfordschools.org).

**For comments or concerns about the lunch program,  
contact Gerry Levy: 513-576-2292.**

USDA is an equal opportunity employer and provider.  
Thank you for participating in the school lunch program!