

2017-2018



April
May

Williamsburg Middle/High School Lunch Menu

	MONDAY <i>Vegetable of the Day:</i> Corn	TUESDAY <i>Vegetable of the Day:</i> Peas	WEDNESDAY <i>Vegetable of the Day:</i> Broccoli	THURSDAY <i>Vegetable of the Day:</i> Cook's Choice of Other	FRIDAY <i>Vegetable of the Day:</i> Green Beans
	Fruit & Vegetable Bar Offered Daily				
Days off are in Red	4/2, 4/30 Meatless Monday Toasted Cheese w/Tomato Soup	"Brunch for Lunch" Warm Fruit 4/3 Pancakes & Sausage 5/1 French Toast & Sausage	4/4, 5/2 Chicken/Beef Burrito Bar w/Brown Rice, Black Beans, Refried Beans & Toppings Bar	4/5, 5/3 Chicken Nuggets Dinner Roll Baked Beans	4/6, 5/4 Cheese Coney, Phony Coney w/Cincinnati Chili
Specials are in Blue	4/9, 5/7 Meatless Monday Cheese Calzone w/Marinara Sauce	4/10, 5/8 Tangerine Chicken w/Brown Rice	4/11, 5/9 "Italian Bar" Pasta & Meat Sauce w/Garlic Bread	4/12, 5/10 Chicken Tenders Dinner Roll Baked Beans	4/13, 5/11 Philly Steak w/ Cheese Sandwich w/Pinto Beans
	4/16, 5/14 Meatless Monday Macaroni & Cheese Dinner Roll	4/17, Brunch for Lunch Chicken & Waffles Warm Fruit 5/15 Cook's Choice of Brunch	4/18, 5/16 Beef Taco in a Bag w/Brown Rice & Cheese, Salsa, & Black Beans	4/19, 5/17 Popcorn Chicken /Dinner Roll Baked Beans	4/20, 5/18 Cincinnati Chili w/ Spaghetti- 3 way
	4/23, 5/21 Meatless Monday Cheezy Bread w/Marinara Sauce Bread Stick	4/24, 5/22 Last Day Corn Dog w/Dipping Sauce & Black Beans	4/25 "Italian Bar" Pasta & Meat Sauce w/Garlic Bread	4/26 Chicken Wings Dinner Roll Baked Beans	4/27 Fish on a Bun

This menu is subject to change, without notice, due to price or availability of products

School Lunch Prices:
Regular Meals: \$3.00 Extra Entrée: \$2.50
 Includes fruit, vegetable, & milk w/Menu Entrée:
 Hamburger/ Cheeseburger, PB&J Uncrustable,
Reduced Meal: \$0.40
 Milk \$0.50 Selections include
 Fat- free or 1% white, & fat- free chocolate
Super Meals: \$3.50 Extra Entrée: \$3.00
Daily: Crispy/Spicy Chicken Sandwich, Bosco
 Sticks, Burgers **Tues & Thurs:** Specialty Pizza

Nachos & Cheese
Adult Meals and Extra Entrees: Additional \$.75
 more than student meals
 Most grains are whole grain.
 For a complete meal, students must select ½ cup fruit/
 vegetable.
**The Fruit & Vegetable Bar includes fresh
 or canned fruit, romaine salad, and hot or
 fresh vegetables, in addition to the vegeta-
 ble of day. Weekly vegetable sub-groups**

**include dark green, red/orange, bean,
 starchy, & "other".**
 Italian /bar: Spaghetti, Lasagna /Rollups, or
 Ravioli
**Menus with an asterisk* are from the sug-
 gestion box and have been submitted by
 students. .**
Bars are served from the heated station.
 Please make separate lunch checks payable to
 Milford Nutrition Services. To check meal ac-

count balances, view a detailed list of payments
 received and items purchased, or to make a pay-
 ment to your child's meal account - log into
[https://www.spsezpay.com/Milford/ezpay/
 Login.aspx](https://www.spsezpay.com/Milford/ezpay/Login.aspx)

This institution is an equal opportunity provider.

Williamsburg Middle/High School Breakfast Menu

Breakfast Meal: \$1.50 Reduced Price Meal \$0.30

**Choice of 1 double entrée or a combination of 1 single entrée with cheese stick
Breakfast includes 2 side items and fat-free or 1% unflavored milk.**

*Eat a school
breakfast
& start the day ready
to learn!*

Single Breakfast Entrees

Offered with cheese stick

- Assorted Cereal
- Assorted Bars
- Cocoa Rice Krispie Bars

Double Breakfast Entrees:

May Select one of the following:

- Blueberry Waffles
- Chocolate Chip French toast
- Mini Cinnis

Double Breakfast Entrees:

May Select one of the following:

- Assorted Breakfast Sandwiches
 - Assorted Breakfast Pizza
 - Bagel with PB
- Bagel filled with Strawberry Cream Cheese
- Pancake & Sausage on a Stick
 - PB&J Graham

A la Carte Entrees: \$1.00

Side Items

Student must select
1/2 cup fruit/juice:

1/2 cup fruit juice
1/2 cup fruit
1/4 cup dried fruit

**Extra Side Items::
\$0.50**

Please make separate lunch checks payable to Milford Nutrition Services. To check meal account balances, view detailed list of payments received and items purchased or to make a payment to your child's meal account, log into

<https://www.spseipay.com/Milford/ezpay/Login.aspx>
or check with the kitchen manager. For more details regarding Nutrition Services, visit www.milfordschools.org.

**For comments or concerns about the lunch program,
contact Gerry Levy: 513-576-2292.**

USDA is an equal opportunity employer and provider.
Thank you for participating in the school lunch program!