

Williamsburg Elementary & Preschool 2018-19 Lunch Menu

MONDAY Vegetable of the Day... Broccoli
TUESDAY Corn
WEDNESDAY Green Beans
THURSDAY Cooks Choice
FRIDAY Peas

MENU #1	Meatless Monday WG Cheezy Bread w/Marinara Sauce	Taco Tuesday Walking WG Taco w/Brown Rice, Cheese, Salsa, Black/Refried Beans Sticker Special	"Chicken Little" Wednesday Chicken Patty on a WG Bun or Sliders Baked Beans	WG Mini Corn Dogs Pudding	Specialty Pizza*
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MENU #2	Meatless Monday WG Toasted Cheese w/Tomato Soup	Pasta & Meat Sauce or WG Ravioli Garlic Bread Sticker Special	"Chicken Little" Wednesday Chicken Drumsick & Mashed Potatoes WG Biscuit Baked Beans	Brunch For Lunch Fruit Crisp	Specialty Pizza*
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MENU #3	Meatless Monday WG Pizza Dippers w/Marinara Sauce	Taco Tuesday Soft Chicken or Beef WG Taco w/Brown Rice, Cheese, Salsa, Black/Refried Beans Sticker Special	"Chicken Little" Wednesday Popcorn Chicken or Wings WG Biscuit or Pretzel Rod/Dipping Sauce Baked Beans	Cheeseburger WG Bun Spuuds Pudding	Specialty Pizza*
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MENU #4	Meatless Monday WG Macaroni & Cheese WG Dinner Roll	Taste of Cincinnati Chili Cheese Coney on WG Bun Sticker Special	"Chicken Little" Wednesday Chicken Nuggets or Tenders w/Dipping Sauce WG Biscuit Baked Beans	Brunch For Lunch Gelatin	Specialty Pizza*
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Monday	Meatless Monday Alternatives: WG Pretzel & Cheese or WG Nachos & Cheese	Tuesday	Students who find a sticker under their tray receive a free snack!	Wednesday	Only one entree on the menu is offered daily.	Thursday	Brunch for Lunch Options WG Pancake, WG French Toast, or WG Waffle w/Chicken or Sausage	Friday	*WG School Pizza is served to the Preschool.
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Each week is represented by a color and represents a 4-week cycle menu. Follow the menu with it's calendar day.

AUGUST 2018	SEPTEMBER 2018	OCTOBER 2018	NOVEMBER 2018	DECEMBER 2018	JANUARY 2019	FEBRUARY 2019	MARCH 2019	APRIL 2019	MAY 2019
S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S	S M T W T F S
1 2 3 4	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5 6	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5 6 7 8 9	1 2 3 4 5 6	1 2 3 4
5 6 7 8 9 10 11	7 8 9 10 11 12 13	7 8 9 10 11 12 13	4 5 6 7 8 9 10	2 3 4 5 6 7 8	6 7 8 9 10 11 12	3 4 5 6 7 8 9	3 4 5 6 7 8 9	7 8 9 10 11 12 13	5 6 7 8 9 10 11
12 13 14 15 16 17 18	14 15 16 17 18 19 20	14 15 16 17 18 19 20	11 12 13 14 15 16 17	9 10 11 12 13 14 15	13 14 15 16 17 18 19	10 11 12 13 14 15 16	10 11 12 13 14 15 16	14 15 16 17 18 19 20	12 13 14 15 16 17 18
19 20 21 22 23 24 25	16 17 18 19 20 21 22	21 22 23 24 25 26 27	18 19 20 21 22 23 24	16 17 18 19 20 21 22	20 21 22 23 24 25 26	17 18 19 20 21 22 23	17 18 19 20 21 22 23	21 22 23 24 25 26 27	19 20 21 22 23 24 25
26 27 28 29 30 31	23 24 25 26 27 28 29	28 29 30 31	25 26 27 28 29 30	23 24 25 26 27 28 29	27 28 29 30 31	24 25 26 27 28	21 22 23 24 25 26 27 28 29 30	28 29 30	26 27 28 29 30 31

ELEMENTARY BREAKFAST MENU	
MON	Warm Mini Cinnis Juice/Fruit/Milk
TUES	Double Breakfast Bar or Single Breakfast Bar & String Cheese Fruit/Juice/Milk
WED	Pancake on a Stick Fruit/Juice/Milk
THURS	Blueberry Waffles Fruit/Juice/Milk
FRI	French Toast w/Chocolate Chips Fruit/Juice/Milk

PRESCHOOL BREAKFAST MENU	
MON	WG Biscuit & Jelly Juice/Fruit/Milk
TUES	Cheese Stick Fruit/Juice/Milk
WED	WG Cereal Fruit/Juice/Milk
THURS	Yogurt Fruit/Juice/Milk
FRI	Egg & WG Bun Fruit/Juice/Milk



WILDCATS

LUNCH PRICES
 Regular Lunch: \$2.75
 Reduced Price Meal: \$0.40
 Extra Entrée: \$2.25
 Extra Milk: \$0.50
 Adult Meal: \$3.75 Extra Entrée: \$3.25
 Smart snacks are sold a la carte

BREAKFAST PRICES
 Breakfast: \$1.50
 Reduced Price Breakfast: \$0.30
 Extra Milk: \$0.50
 Adult Meals: \$2.25
 Menu is subject to change.

- **Lunch Includes:** fruit, vegetable, & milk w/menu items or: Chef Salad, Deli Sandwich, PB&J, Yogurt Fun Toy.
- **The Fruit & Vegetable Bar (Served Daily)** includes: fresh or canned fruit, romaine salad, and hot or fresh vegetables, in addition to the vegetable of day. Weekly vegetable sub-groups include dark green, red/orange, bean, starchy & other.
- For a complete lunch, students must select ½ cup fruit/vegetable. For a complete breakfast, students must select ½ cup fruit or juice.
- Students may select all sides.
- Lunch Milk: fat-free flavored & 1% white Breakfast Milk: include fat-free or 1% white.
- Preschool meals meet CAFP regulations, all are CN labeled.
- Please make checks payable to Millford Nutrition Services. For information regarding your child's lunch account, check online (or no charge) at <https://www.speazy.com/Millford/ezroy/Login.aspx> and choose the "Lunch Payment Information" tab or contact the kitchen manager, Dee Deel. For more details about Millford Nutrition Services, visit www.millfordschools.org.
- For comments or concerns about the lunch program, contact Gerry Levy: 513-576-2922.
- EXTRA DESSERT NOT FOR HEADSTART